

06/07/2015

2015 Elkford Triathlon Run Times/w Pace

Individual X-Sprint 5K

O/A	Name	Bib#	Swim Time	Category	Cat/Pl	Pace/KM
1.	FERRABY, JAMES	82	00:21:26.45	XSPRT20-29M	1/2	04:17
2.	RUSSELL, JIM	84	00:22:07.50	XSPRT30-39M	1/2	04:25
3.	MANCELL, BRYCE	83	00:22:44.05	XSPRT20-29M	2/2	04:32
5.	THIBODEAU, KRIS	85	00:27:56.40	XSPRT30-39M	2/2	05:35
6.	FRIESEN, BERT	87	00:29:22.80	XSPRT40-49M	1/1	05:52
4.	HUME, SHELLY	88	00:31:20.05	XSPRT50-59F	1/1	06:16