

6/3/2012

2012 Elkford Triathlon Run Times/w Pace

Xtreme Sprint 750M - 20K - 5K

Name	Bib#	Time	Category	Cat/PI	Pace /K	Heat
MILLER, RICK	47	00:20:42.35	XSPRT20-29M	1/1	04:08	H1
MACREADY, LAURA	48	00:21:34.45	XSPRT30-39F	1/1	04:18	H1
FRIESEN, BERT	50	00:23:13.40	XSPRT40-49M	1/1	04:38	H1
MILLER, CARL	51	00:24:47.50	XSPRT50-59M	1/1	04:57	H1
HUME, SHELLY	49	00:26:56.30	XSPRT40-49F	1/1	05:23	H1