

## Overall Results

**2 Person Sprint Team 750M - 26K - 5K**

Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
1 TEAM COMAEH	37	SPRTTEAM2-5(	00:17:18.15	6	02:18	00:40:23.30	1	29.71	00:22:29.90	2	04:29	01:20:11.35	FERNIE
KING, RACHEAL -Swimmer-													
KING, GEORG - Biker -													
KING, RACHEAL - Runner -													
2 M&W	57	SPRTTEAM2-1(	00:13:35.25	4	01:48	00:48:37.75	4	24.68	00:21:17.05	1	04:15	01:23:30.05	ELKFORD
MUDGE, MORGAN -Swimmer-													
WITTFORTH, BRYCE - Biker -													
WITTFORTH, BRYCE - Runner -													
3 NIXON, MARY	30	SPRTTEAM2-1(	00:12:55.35	3	01:43	00:47:53.65	3	25.06	00:26:31.80	4	05:18	01:27:20.80	
NIXON, MARY -Swimmer-													
JONES, JESSICA - Biker -													
JONES, JESSICA - Runner -													
4 MILESTONE 12	35	SPRTTEAM2-5(	00:18:22.75	7	02:27	00:43:09.50	2	27.80	00:30:19.30	5	06:03	01:31:51.55	LETHBRIDGE
HALLADAY, BARB -Swimmer-													
HALLADAY, BARB - Biker -													
PENNINGTON, BRENDA - Runner -													
5 FRENKS, MEAGHAN	34	SPRTTEAM2-4(	00:11:33.40	2	01:32	00:52:31.25	5	22.85	00:33:26.85	6	06:41	01:37:31.50	SPARWOOD
FRENKS, MEAGHAN -Swimmer-													
SHEETS, DARCY - Biker -													
SHEETS, DARCY - Runner -													
6 NIXON, CASSIE	33	SPRTTEAM2-4(	00:11:24.00	1	01:31	00:52:38.30	6	22.80	00:33:31.85	7	06:42	01:37:34.15	SPARWOOD
NIXON, CASSIE -Swimmer-													
JONES, SHELLY - Biker -													
JONES, SHELLY - Runner -													
7 SAME NAME- NO RELATION	31	SPRTTEAM2-2(	00:20:10.15	8	02:41	01:07:03.25	8	17.90	00:24:55.15	3	04:59	01:52:08.55	ELKFORD
FRITZGERALD, DANA -Swimmer-													
FRITZGERALD, DANA - Biker -													
FRITZGERALD, RYAN - Runner -													
8 MUDGE	36	SPRTTEAM2-5(	00:13:35.65	5	01:48	01:03:03.50	7	19.03	00:37:28.60	8	07:29	01:54:07.75	ELKFORD
MUDGE, MORGAN -Swimmer-													
MUDGE, SUSAN - Biker -													
MUDGE, SUSAN - Runner -													