

Overall Results

Sprint 750M - 20K - 5K

Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
1 MORGAN, BRENDAN	26	SPRT40-49M	00:10:26.70	2	01:23	00:34:04.50	1	35.22	00:20:50.25	6	04:10	01:05:21.45	FERNIE
2 LEEDEN, TRAVIS	19	SPRT30-39M	00:09:59.95	1	01:19	00:39:12.65	7	30.60	00:19:56.05	3	03:59	01:09:08.65	FERNIE
3 JENSEN, KYLE	10	SPRT20-29M	00:13:11.29	4	01:45	00:36:08.85	3	33.20	00:20:13.95	4	04:02	01:09:34.09	LETHBRIDGE
4 ROBDRUP, DANNY	22	SPRT30-39M	00:15:09.65	8	02:01	00:35:12.60	2	34.08	00:19:35.80	2	03:55	01:09:58.05	ZEPHBRIDGE
5 MCDONALD, DANIEL	21	SPRT30-39M	00:14:28.40	7	01:55	00:36:34.60	4	32.81	00:19:31.15	1	03:54	01:10:34.15	FERNIE
6 HARVEY, WILLIAM	29	SPRT50-59M	00:13:27.50	5	01:47	00:37:32.85	5	31.96	00:23:33.10	12	04:42	01:14:33.45	LETHBRIDGE
7 HARRINGTON, MIKE	18	SPRT30-39M	00:15:18.65	10	02:02	00:38:05.00	6	31.51	00:23:16.80	9	04:39	01:16:40.45	SPARWOOD
8 DECILLIA, RYAN	17	SPRT30-39M	00:13:46.10	6	01:50	00:41:57.75	8	28.60	00:23:56.00	14	04:47	01:19:39.85	LETHBRIDGE
9 DAVIDUK, TODD	9	SPRT20-29M	00:16:57.45	18	02:15	00:42:29.35	9	28.24	00:20:20.50	5	04:04	01:19:47.30	FERNIE REP
10 MAC CON, RONAN	20	SPRT30-39M	00:15:39.00	11	02:05	00:43:16.35	12	27.73	00:21:58.15	7	04:23	01:20:53.50	FERNIE
11 VANYO, ALEX	13	SPRT20-29M	00:16:06.05	15	02:08	00:43:05.90	11	27.84	00:23:06.45	8	04:37	01:22:18.40	FERNIE
12 CHAMPAGNE, STEPHANIE	3	SPRT20-29F	00:16:31.30	17	02:12	00:43:04.80	10	27.86	00:24:43.85	15	04:56	01:24:19.95	FERNIE
13 WARSHAWSKY, AMANDA	7	SPRT20-29F	00:16:04.30	14	02:08	00:45:51.20	13	26.17	00:23:35.40	13	04:43	01:25:30.90	FERNIE
14 SANDKUHL, LEAH	55	SPRT40-49F	00:15:39.85	12	02:05	00:46:40.75	14	25.71	00:23:25.95	10	04:41	01:25:46.55	JAFFRAY
15 TOFT, STEPH	6	SPRT20-29F	00:16:03.90	13	02:08	00:47:15.55	15	25.39	00:23:26.95	11	04:41	01:26:46.40	CALGARY
16 LAWSON, MANDY	5	SPRT20-29F	00:12:10.65	3	01:37	00:51:05.80	17	23.48	00:29:08.65	22	05:49	01:32:25.10	FERNIE
17 EVANS, HILARY	56	SPRT20-29F	00:16:08.10	16	02:09	00:48:31.10	16	24.73	00:28:25.05	18	05:41	01:33:04.25	FERNIE
18 O'CONNOR, DEE	24	SPRT40-49F	00:20:19.80	22	02:42	00:52:29.50	20	22.86	00:27:47.25	17	05:33	01:40:36.55	FERNIE
19 WINTER, JULIE	16	SPRT30-39F	00:19:12.05	20	02:33	00:54:13.10	22	22.13	00:28:34.55	19	05:42	01:41:59.70	SPARWOOD
20 GROSS, JENNIFER	23	SPRT40-49F	00:20:20.50	23	02:42	00:53:02.20	21	22.63	00:28:53.70	21	05:46	01:42:16.40	Fernie
21 HARVEY, JACK	2	SPRT19<M	00:15:10.40	9	02:01	00:52:20.10	19	22.93	00:35:22.40	24	07:04	01:42:52.90	LETHBRIDGE
22 LYLE, CYNDI	28	SPRT50-59F	00:22:26.20	25	02:59	00:52:18.90	18	22.94	00:28:40.40	20	05:44	01:43:25.50	SPARWOOD
23 DAVY, DRYDEN	1	SPRT19<M	00:22:46.70	26	03:02	00:58:50.65	24	20.39	00:24:52.60	16	04:58	01:46:29.95	RIMBEY
24 CORKLE, DANIELLE	14	SPRT30-39F	00:18:59.20	19	02:31	00:57:10.35	23	20.99	00:35:53.20	25	07:10	01:52:02.75	RIMBEY
25 VORONINA, LYUDMYLA	15	SPRT30-39F	00:19:55.45	21	02:39	01:04:37.55	26	18.57	00:32:49.15	23	06:33	01:57:22.15	SPARWOOD
26 CORKLE, WENDY	27	SPRT50-59F	00:20:57.20	24	02:47	01:00:44.85	25	19.75	00:36:42.35	26	07:20	01:58:24.40	ELKO