

Overall Results

Sprint 750M - 20K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 OTTO, ANDREW	113	SPRT20-29M	00:13:15.10	4	00:39:07.85	2	00:20:44.85	3	01:13:07.80	LETH
2 TAYLOR, MIKE	135	SPRT50-59M	00:12:12.13	2	00:37:58.02	1	00:23:06.65	8	01:13:16.80	CRANBROO
3 DRIJBER, RYAN	110	SPRT20-29M	00:14:21.80	5	00:40:24.30	5	00:20:00.80	1	01:14:46.90	CALGARY
4 FERGUSON, SHEA	111	SPRT20-29M	00:16:11.68	12	00:39:29.97	4	00:22:20.25	7	01:18:01.90	ELKFORD
5 COOMBS, MATTHEW	109	SPRT20-29M	00:18:01.60	24	00:39:23.10	3	00:21:39.75	5	01:19:04.45	BELLEVUE
6 HARRISON, BRIAN	112	SPRT20-29M	00:16:53.18	15	00:41:25.57	6	00:23:12.60	9	01:21:31.35	LETH
7 SMITHIES, KAYLA	119	SPRT30-39F	00:16:14.66	13	00:43:34.84	7	00:21:50.65	6	01:22:50.15	ELKFORD
8 KINDRAT, JASON	125	SPRT30-39M	00:17:52.96	22	00:46:02.54	14	00:20:04.40	2	01:23:59.90	BLAIREMOR
9 KENNEDY, LORI	130	SPRT40-49F	00:15:32.27	8	00:43:47.43	8	00:24:46.10	10	01:24:05.80	FERNIE
10 BISSONETTE, CHRIS	133	SPRT50-59M	00:13:02.09	3	00:44:44.01	10	00:27:22.20	15	01:25:08.30	ELKFORD
11 NYKWIST, SHEILA	118	SPRT30-39F	00:17:22.85	20	00:49:16.30	19	00:21:36.90	4	01:28:16.05	LETH
12 VURCUREVICH, ALLISON	121	SPRT30-39F	00:16:11.11	11	00:46:12.54	15	00:26:26.90	13	01:28:50.55	LETH
13 SEWARD, PAUL	134	SPRT50-59M	00:17:57.42	23	00:44:26.08	9	00:27:27.20	16	01:29:50.70	ELKFORD
14 MAC CON, AMY	117	SPRT30-39F	00:15:59.10	10	00:48:13.35	18	00:25:47.95	11	01:30:00.40	FERNIE
15 DRESSLER, SCOTT	136	SPRT40-49M	00:18:12.11	26	00:45:39.09	12	00:26:22.00	12	01:30:13.20	ELKFORD
16 TOBIN, TROY	126	SPRT30-39M	00:14:53.51	6	00:45:15.19	11	00:30:34.70	20	01:30:43.40	ELKFORD
17 SWANSON, LANA	107	SPRT20-29F	00:16:17.53	14	00:46:49.87	16	00:28:03.80	17	01:31:11.20	CALGARY
18 DENIS, ISABELLE	101	SPRT20-29F	00:17:11.35	19	00:45:44.70	13	00:29:27.25	18	01:32:23.30	ELKFORD
19 SEWARD, KEVIN	115	SPRT20-29M	00:15:03.61	7	00:48:12.59	17	00:30:09.70	19	01:33:25.90	EDMONTON
20 OTTO, SHAUNA	105	SPRT20-29F	00:15:51.47	9	00:53:48.33	24	00:26:45.85	14	01:36:25.65	LETH
21 BORYS, JODI	100	SPRT20-29F	00:17:00.77	16	00:52:21.68	22	00:31:07.10	22	01:40:29.55	ELKFORD
22 PURDY, KERRIE	131	SPRT50-59F	00:18:07.07	25	00:49:45.13	20	00:32:51.50	24	01:40:43.70	SPARWOOD
23 BISSONETTE, ROBERT	108	SPRT20-29M	00:10:58.72	1	00:53:33.18	23	00:38:40.65	29	01:43:12.55	ELKFORD
24 HENNIG, LAURA	103	SPRT20-29F	00:19:20.49	27	00:54:06.01	25	00:32:24.00	23	01:45:50.50	ELKFORD
25 STARCHUK, KIM	106	SPRT20-29F	00:17:09.29	18	00:58:36.86	28	00:30:50.30	21	01:46:36.45	LETH
26 VORONINA, LYUDMYLA	120	SPRT30-39F	00:17:49.58	21	00:55:11.02	26	00:35:01.75	28	01:48:02.35	SPARWOOD
27 JONES, SHELLY	129	SPRT40-49F	00:24:06.04	29	00:52:11.06	21	00:33:08.25	25	01:49:25.35	ELKFORD
28 GIBSON, KIM	102	SPRT20-29F	00:17:07.70	17	00:58:33.80	27	00:34:37.40	27	01:50:18.90	LETH
29 HENDERSON, DANITA	128	SPRT40-49F	00:20:05.89	28	01:00:34.21	29	00:39:51.25	30	02:00:31.35	ELKFORD
30 WITTFOTH, CLEO	122	SPRT30-39F	00:26:57.28	30	01:08:29.62	30	00:33:49.75	26	02:09:16.65	ELKFORD
31 KINDRAT, TANYA	116	SPRT30-39F	00:34:50.26	31	01:14:07.84	31	00:40:01.70	31	02:28:59.80	BLAIREMOR

Overall Results

2 Person Sprint Team 750M - 20K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 ALEXANDER, KAREN	163	SPRTTEAM2-40-49F	00:14:49.88	4	00:45:21.62	1	00:28:54.10	1	01:29:05.60	ELKFORD
ALEXANDER, KAREN - Biker -										
BARNARD, KRISTINE - Runner -										
2 SWAIL, ANDREA	161	SPRTTEAM2-20-29M	00:12:43.96	3	00:52:58.94	2	00:37:09.60	4	01:42:52.50	ELKFORD
SEWARD, DEREK - Biker -										
SEWARD, DEREK - Runner -										
3 MILDENBERGER, CORISSA	160	SPRTTEAM2-19<F	00:12:37.45	2	00:56:28.05	4	00:33:56.20	2	01:43:01.70	ELKFORD
JONES, JESSICA - Biker -										
JONES, JESSICA - Runner -										
4 NIXON, MARY	162	SPRTTEAM2-30-39F	00:12:33.41	1	00:55:03.09	3	00:36:26.90	3	01:44:03.40	ELKFORD
HARRINGTON, CORETTE - Biker -										
HARRINGTON, CORETTE - Runner -										
5 SPITTAEL, MARK	166	SPRTTEAM2-40-49M	00:16:23.02	5	01:05:39.48	5	00:38:09.30	5	02:00:11.80	ELKFORD
WILSON, JOE - Biker -										
WILSON, JOE - Runner -										

Overall Results

3 Person Sprint Team 750M - 20K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 WIGGINS, MADAWNA	177	SPRTTEAM3-30-39M	00:14:21.86	7	00:43:02.94	5	00:26:31.80	9	01:23:56.60	ELKFORD
ROBINSON, COURTNEY - Biker -										
HENGEN, DAVE - Runner -										
2 BISSONETTE, ROBERT	178	SPRTTEAM3-40-49M	00:10:58.72	3	00:52:15.28	9	00:21:37.40	1	01:24:51.40	ELKFORD
FAY, BEN - Biker -										
RUESCH, SAM - Runner -										
3 DRESSLER, SCOTT	179	SPRTTEAM3-40-49M	00:18:12.11	13	00:41:18.84	4	00:26:11.95	8	01:25:42.90	ELKFORD
MUSIL, BARRY - Biker -										
SPOULE, EMILY - Runner -										
Team Name: Seriously Good Looking										
4 UNWIN, KAITLYN	172	SPRTTEAM3-19<MX	00:12:47.61	4	00:44:28.54	6	00:28:32.25	12	01:25:48.40	ELKFORD
HAUKAAS, TAYLOR - Biker -										
DURAND, BRITNEY - Runner -										
Team Name: Hammer Time										
5 HESJE, LEAH	173	SPRTTEAM3-20-29F	00:14:52.10	8	00:41:16.35	3	00:31:02.85	14	01:27:11.30	
TUGGLE, MAUREEN - Biker -										
MOSIONDZ, DARLENE - Runner -										
6 HALASZ, GABRIELLE	180	SPRTTEAM3-40-49M	00:13:40.38	5	00:46:28.37	7	00:27:58.35	11	01:28:07.10	SPARWOOD
SMITHIES, NEIL - Biker -										
MARASCO, JEANNETTE - Runner -										
Team Name: MATERIAL MANIACS										
7 NIXON, MEGAN	170	SPRTTEAM3-19<F	00:10:50.99	1	00:53:50.71	11	00:24:17.65	4	01:28:59.35	ELKFORD
CULVER, COUTNEY - Biker -										
WRAY, ERICA - Runner -										
8 SWAIL, JENNIFER	184	SPRTTEAM3-50-59M	00:14:05.39	6	00:38:47.81	2	00:36:55.80	16	01:29:49.00	ELKFORD
KING, GEORGE - Biker -										
MCDONALD, RANDI - Runner -										
9 HODGINS, ALANNA	181	SPRTTEAM3-40-49M	00:17:00.28	11	00:50:42.87	8	00:24:02.85	3	01:31:46.00	ELKFORD
ATHERTON, KEVIN - Biker -										
ULLIAC, JEREMY - Runner -										
Team Name: JAK										
10 SMITH, JASON	176	SPRTTEAM3-30-39M	00:18:45.21	14	00:52:39.74	10	00:23:52.15	2	01:35:17.10	ELKFORD
LABEY, CORRINA - Biker -										
WHIDDEN, JARED - Runner -										
Team Name: Wii NOT FIT										
11 NIXON, CASSIE	171	SPRTTEAM3-19<MX	00:10:52.77	2	01:00:04.83	15	00:25:03.85	5	01:36:01.45	ELKFORD
HUISMAN, JOSH - Biker -										
MCHARG, MADISON - Runner -										
Team Name: 2 Girls and a Pizza										
12 SHEREMETA, DEMI	185	SPRTTEAM3-40-49F	00:19:02.11	15	00:53:51.49	12	00:25:17.00	7	01:38:10.60	SPARWOOD
PINETTE, CLAIRE - Biker -										
WEIR, SHANNON - Runner -										
13 METZ, MELISSA	182	SPRTTEAM3-40-49M	00:16:10.94	9	00:56:19.36	14	00:31:08.50	15	01:43:38.80	ELKFORD

Overall Results

3 Person Sprint Team 750M - 20K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City	
NIXON, BETH - Biker -											
VANDERGRIFT, TERRY - Runner -											
Team Name: 2 Cougars and a Spring Chicken											
14	SCHROEDER, DANIELLE	183	SPRTTEAM3-40-49M	00:23:26.30	16	00:55:22.45	13	00:26:37.55	10	01:45:26.30	SPARWOOD
ANCTIL, SHAWN - Biker -											
BLEICH, CHRIS - Runner -											
15	WONG, BRIAN	174	SPRTTEAM3-20-29M	00:16:46.51	10	01:16:39.09	16	00:30:33.50	13	02:03:59.10	SPARWOOD
BILSKI, CHRISTINA - Biker -											
TAYLOR, KATIE - Runner -											
Team Name: Quarter Life Crisis											
16	GARCIA, RICARDO	175	SPRTTEAM3-30-39M	00:17:43.68	12	00:34:37.22	1	00:25:05.90	6	24:00:00.00	ELKFORD
OULETTE, JEANNOT - Biker -											
LYTTLE, KRISTY - Runner -											
Team Name: The Expats											

Overall Results

Xtreme Sprint 750M - 20K - 5K

	Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1	ENGLISH, JASON	51	XSPRT30-39M	00:12:37.05	1	00:48:14.40	1	00:23:06.65	1	01:23:58.10	CALGARY
2	MACREADY, LAURA	50	XSPRT20-29F	00:13:01.44	2	00:52:27.66	3	00:23:33.95	2	01:29:03.05	ELKFORD
3	HARRINGTON, MIKE	52	XSPRT30-39M	00:15:46.83	4	00:52:19.77	2	00:24:33.75	3	01:32:40.35	SPARWOOD
4	ZANOZIN, DMITRI	55	XSPRT40-49M	00:15:51.54	5	00:55:09.16	4	00:24:55.65	4	01:35:56.35	SPARWOOD
5	WORKMAN, HOLLY	53	XSPRT40-49F	00:14:16.44	3	00:57:04.01	5	00:28:09.25	5	01:39:29.70	SPARWOOD

Overall Results

2 Person Xtreme-Sprint Team 750M - 20K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 HUME, CAILEY	56	XSPRTTEAM2-40-49	00:12:36.20	1	00:48:22.65	1	00:27:31.55	1	01:28:30.40	SPARWOOD

HUME, SHELLY - Biker -

HUME, SHELLY - Runner -

Team Name: Peanut Butter & Shelly

Overall Results

3 Person Xtreme-Sprint Team 750M - 20K - 5K

Name	Bib#	Category	Swim	O/A	Bike	O/A	Run	O/A	Finish	City
1 WILKE, DAN	57	XSPRTTEAM3-20-29	00:16:45.34	1	00:50:26.76	1	00:24:19.75	1	01:31:31.85	ELKFORD

WILKIE, KEVAN - Biker -

WILKIE, MATTHEW - Runner -

Team Name: The Brothers Grimm