

**2009 Elkford Triathlon
Overall Bike Times**

Sprint 20K**31 Total**

O/A Pos	Name	Bib#	Category	Bike Time	Cat Pos
1	TAYLOR, MIKE	135	SPRT50-59M	00:37:58.02	1
2	OTTO, ANDREW	113	SPRT20-29M	00:39:07.85	1
3	COOMBS, MATTHEW	109	SPRT20-29M	00:39:23.10	2
4	FERGUSON, SHEA	111	SPRT20-29M	00:39:29.97	3
5	DRIJBER, RYAN	110	SPRT20-29M	00:40:24.30	4
6	HARRISON, BRIAN	112	SPRT20-29M	00:41:25.57	5
7	SMITHIES, KAYLA	119	SPRT30-39F	00:43:34.84	1
8	KENNEDY, LORI	130	SPRT40-49F	00:43:47.43	1
9	SEWARD, PAUL	134	SPRT50-59M	00:44:26.08	2
10	BISSONETTE, CHRIS	133	SPRT50-59M	00:44:44.01	3
11	TOBIN, TROY	126	SPRT30-39M	00:45:15.19	1
12	DRESSLER, SCOTT	136	SPRT40-49M	00:45:39.09	1
13	DENIS, ISABELLE	101	SPRT20-29F	00:45:44.70	1
14	KINDRAT, JASON	125	SPRT30-39M	00:46:02.54	2
15	VURCUREVICH, ALLISON	121	SPRT30-39F	00:46:12.54	2
16	SWANSON, LANA	107	SPRT20-29F	00:46:49.87	2
17	SEWARD, KEVIN	115	SPRT20-29M	00:48:12.59	6
18	MAC CON, AMY	117	SPRT30-39F	00:48:13.35	3
19	NYKWIST, SHEILA	118	SPRT30-39F	00:49:16.30	4
20	PURDY, KERRIE	131	SPRT50-59F	00:49:45.13	1
21	JONES, SHELLY	129	SPRT40-49F	00:52:11.06	2
22	BORYS, JODI	100	SPRT20-29F	00:52:21.68	3
23	BISSONETTE, ROBERT	108	SPRT20-29M	00:53:33.18	7
24	OTTO, SHAUNA	105	SPRT20-29F	00:53:48.33	4
25	HENNIG, LAURA	103	SPRT20-29F	00:54:06.01	5
26	VORONINA, LYUDMYLA	120	SPRT30-39F	00:55:11.02	5
27	GIBSON, KIM	102	SPRT20-29F	00:58:33.80	6
28	STARCHUK, KIM	106	SPRT20-29F	00:58:36.86	7
29	HENDERSON, DANITA	128	SPRT40-49F	01:00:34.21	3
30	WITTFOTH, CLEO	122	SPRT30-39F	01:08:29.62	6
31	KINDRAT, TANYA	116	SPRT30-39F	01:14:07.84	7

**2009 Elkford Triathlon
Overall Bike Times**

2 Person Sprint Team 20K**5 Total**

O/A Pos	Name	Bib#	Category	Bike Time	Cat Pos
1	ALEXANDER, KAREN	163	SPRTTEAM2-40-49F	00:45:21.62	1
	ALEXANDER, KAREN - Swimmer				
	BARNARD, KRISTINE - Runner				
2	SEWARD, DEREK	161	SPRTTEAM2-20-29MX	00:52:58.94	1
	SWAIL, ANDREA - Swimmer				
	SEWARD, DEREK - Runner				
3	HARRINGTON, CORETTE	162	SPRTTEAM2-30-39F	00:55:03.09	1
	NIXON, MARY - Swimmer				
	HARRINGTON, CORETTE - Runner				
4	JONES, JESSICA	160	SPRTTEAM2-19<F	00:56:28.05	1
	MILDENBERGER, CORISSA - Swimmer				
	JONES, JESSICA - Runner				
5	WILSON, JOE	166	SPRTTEAM2-40-49M	01:05:39.48	1
	SPITTAEL, MARK - Swimmer				
	WILSON, JOE - Runner				

2009 Elkford Triathlon Overall Bike Times

3 Person Sprint Team 20K**16 Total**

O/A Pos	Name	Bib#	Category	Bike Time	Cat Pos
1	OULETTE, JEANNOT	175	SPRTTEAM3-30-39MX	00:34:37.22	1
	GARCIA, RICARDO - Swimmer				
	LYTTLE, KRISTY - Runner				
2	KING, GEORGE	184	SPRTTEAM3-50-59MX	00:38:47.81	1
	SWAIL, JENNIFER - Swimmer				
	MCDONALD, RANDI - Runner				
3	TUGGLE, MAUREEN	173	SPRTTEAM3-20-29F	00:41:16.35	1
	HESJE, LEAH - Swimmer				
	MOSIONDZ, DARLENE - Runner				
4	MUSIL, BARRY	179	SPRTTEAM3-40-49MX	00:41:18.84	1
	DRESSLER, SCOTT - Swimmer				
	SPROULE, EMILY - Runner				
5	ROBINSON, COURTNEY	177	SPRTTEAM3-30-39MX	00:43:02.94	2
	WIGGINS, MADAWNA - Swimmer				
	HENGEN, DAVE - Runner				
6	HAUKAAS, TAYLOR	172	SPRTTEAM3-19<MX	00:44:28.54	1
	UNWIN, KAITLYN - Swimmer				
	DURAND, BRITNEY - Runner				
7	SMITHIES, NEIL	180	SPRTTEAM3-40-49MX	00:46:28.37	2
	HALASZ, GABRIELLE - Swimmer				
	MARASCO, JEANNETTE - Runner				
8	ATHERTON, KEVIN	181	SPRTTEAM3-40-49MX	00:50:42.87	3
	HODGINS, ALANNA - Swimmer				
	ULLIAC, JEREMY - Runner				
9	FAY, BEN	178	SPRTTEAM3-40-49M	00:52:15.28	1
	BISSONETTE, ROBERT - Swimmer				
	RUESCH, SAM - Runner				
10	LABEY, CORRINA	176	SPRTTEAM3-30-39MX	00:52:39.74	3
	SMITH, JASON - Swimmer				
	WHIDDEN, JARED - Runner				
11	CULVER, COUTNEY	170	SPRTTEAM3-19<F	00:53:50.71	1
	NIXON, MEGAN - Swimmer				
	WRAY, ERICA - Runner				
12	PINETTE, CLAIRE	185	SPRTTEAM3-40-49F	00:53:51.49	1
	SHEREMETA, DEMI - Swimmer				
	WEIR, SHANNON - Runner				
13	ANCTIL, SHAWN	183	SPRTTEAM3-40-49MX	00:55:22.45	4
	SCHROEDER, DANIELLE - Swimmer				
	BLEICH, CHRIS - Runner				
14	NIXON, BETH	182	SPRTTEAM3-40-49MX	00:56:19.36	5
	METZ, MELISSA - Swimmer				
	VANDERGRIFT, TERRY - Runner				
15	HUISMAN, JOSH	171	SPRTTEAM3-19<MX	01:00:04.83	2

**2009 Elkford Triathlon
Overall Bike Times****3 Person Sprint Team 20K****16 Total**

O/A Pos	Name	Bib#	Category	Bike Time	Cat Pos
	NIXON, CASSIE - Swimmer				
	MCHARG, MADISON - Runner				
16	BILSKI, CHRISTINA	174	SPRTTEAM3-20-29MX	01:16:39.09	1
	WONG, BRIAN - Swimmer				
	TAYLOR, KATIE - Runner				

**2009 Elkford Triathlon
Overall Bike Times****Xtreme Sprint 20K****5 Total**

O/A Pos	Name	Bib#	Category	Bike Time	Cat Pos
1	ENGLISH, JASON	51	XSPRT30-39M	00:48:14.40	1
2	HARRINGTON, MIKE	52	XSPRT30-39M	00:52:19.77	2
3	MACREADY, LAURA	50	XSPRT20-29F	00:52:27.66	1
4	ZANOZIN, DMITRI	55	XSPRT40-49M	00:55:09.16	1
5	WORKMAN, HOLLY	53	XSPRT40-49F	00:57:04.01	1

**2009 Elkford Triathlon
Overall Bike Times****2 Person Xtreme-Sprint Team 20K****1 Total**

O/A Pos	Name	Bib#	Category	Bike Time	Cat Pos
1	HUME, SHELLY	56	XSPRTTEAM2-40-49F	00:48:22.65	1
	HUME, CAILEY - Swimmer				
	HUME, SHELLY - Runner				

**2009 Elkford Triathlon
Overall Bike Times****3 Person Xtreme-Sprint Team 20K****1 Total**

O/A Pos	Name	Bib#	Category	Bike Time	Cat Pos
1	WILKIE, KEVAN	57	XSPRTTEAM3-20-29M	00:50:26.76	1
	WILKE, DAN - Swimmer				
	WILKIE, MATTHEW - Runner				