

## Overall Results

**3 Person Sprint Team 750M - 20K - 5K**

Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
1 PERCY CAN'T SWIM	147	SPRTTEAM3-4(	00:13:55.05	4	01:51	00:32:49.65	1	36.55	00:28:20.35	6	05:40	01:15:05.05	FERNIE
MAARTMAN, MAYGEN -Swimmer-													
TRUESDALE, MATT - Biker -													
FAY, BEN - Runner -													
2 WE'RE RUNNING FOR LARRY	156	SPRTTEAM3-1(	00:12:25.35	2	01:39	00:45:14.50	6	26.52	00:21:09.50	1	04:13	01:18:49.35	ELKFORD
MUDGE, MORGAN -Swimmer-													
FISHER, FRED - Biker -													
WITTFOTH, BRYCE - Runner -													
3 NORMS TEAM	149	SPRTTEAM3-5(	00:13:20.15	3	01:46	00:43:36.10	5	27.52	00:23:09.20	3	04:37	01:20:05.45	Fernie
DENOON, KARLEY -Swimmer-													
DENOON, NORM - Biker -													
LIDDY, JACOB - Runner -													
4 GRINDERS	146	SPRTTEAM3-4(	00:15:36.20	8	02:04	00:41:31.55	3	28.90	00:25:22.10	4	05:04	01:22:29.85	SPARWOOD
LOWE, PENNY -Swimmer-													
SCOTT, ERIN - Biker -													
KORAN, TANYA - Runner -													
5 PUDDLE PIRATES	145	SPRTTEAM3-3(	00:14:14.70	5	01:53	00:47:43.35	7	25.15	00:21:54.80	2	04:22	01:23:52.85	ELKFORD
SIMPKIN, AARON -Swimmer-													
JAMES, JORDAN - Biker -													
KLIMENT, KALON - Runner -													
6 TRI-HARDER	144	SPRTTEAM3-3(	00:16:53.40	10	02:15	00:40:08.15	2	29.90	00:27:38.20	5	05:31	01:24:39.75	Elkford
PERCY, WILL -Swimmer-													
CAVILLE, JASON - Biker -													
MACDONALD, ADAM - Runner -													
7 JOSHI'S	150	SPRTTEAM3-5(	00:14:39.45	7	01:57	00:41:59.45	4	28.58	00:30:33.50	9	06:06	01:27:12.40	ELKFORD
JOSHI, RUDRA -Swimmer-													
BISSONETTE, CHRIS - Biker -													
JOSHI, MEHUL - Runner -													
8 DIRTY THIRTIES	143	SPRTTEAM3-3(	00:16:33.35	9	02:12	00:49:15.10	8	24.36	00:30:12.20	8	06:02	01:36:00.65	ELKFORD
WILM, SARAH -Swimmer-													
CHAMBERLAIN, JAMIE - Biker -													
WHIDDEN, JULIE - Runner -													
9 GINGER HOTS!	142	SPRTTEAM3-3(	00:11:52.35	1	01:34	00:56:08.90	10	21.37	00:29:12.35	7	05:50	01:37:13.60	ELKFORD

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NIXON, CASSANDRA -Swimmer- SHEPPARD, ANNETTE - Biker - MCHARG, MADDI - Runner -													
10 OVER 45 & ON FIRE	148	SPRTTEAM3-5K	00:14:15.30	6	01:54	00:53:24.05	9	22.47	00:32:07.80	10	06:25	01:39:47.15	ELKFORD
BISSONETTE, CHRIS -Swimmer- FOY, CYNDI - Biker - NIXON, BETH - Runner -													